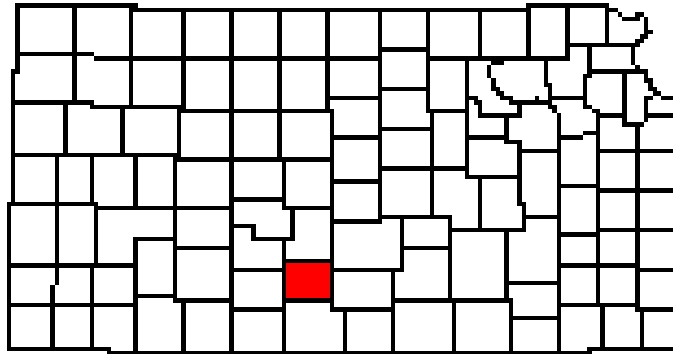


PRATT



Books:

The following Arthritis Foundation books are available at:

[Pratt Public Library](#)
401 S. Jackson Street
Pratt, KS 67214
316-672-3041

Good living with Arthritis
Good living with Osteoarthritis
Good living with Rheumatoid Arthritis
Good living with Fibromyalgia
All about Back Pain
Guide to managing your arthritis

Rheumatologists:

[Qaiser Rehman](#)
203 Watson, Ste.300
Pratt, KS 67124

CONTACT:
620-450-1830

Programs:

Arthritis Foundation Aquatic Program

The warm water exercise program offers improved joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Currently, there are no Arthritis Foundation Aquatic Program classes in your county. Please see surrounding counties.

Arthritis Foundation Exercise Program

This program is a gentle land-based exercise class for increasing or maintaining joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Currently, there are no Arthritis Foundation Exercise Program classes offered in your county. Please see surrounding counties.

Support Groups:

There are no support groups located in your county. Please see surrounding counties.